FAMILY and HEALTH HISTORY

Please put and X in the rows across, if condition has ever applied to blood relative listed in family column (on far left).
If you are adopted, with no knowledge of birth parents check here. ☐

Family Names of close living and deceased relatives	Brother	Sister	Health Status G = Good F = Fair P= Poor	Birth Year	COMMON DISEASES AND DISORDERS Alcoholic/heavy drinker	Allergies/asthma/sinus	Anemia/hemophilia	Arthritis/rheumatism	Lung/emphysema	Cancer/tumor	Diabetes/glands/thyroid	Stomach/colon	Heart/circulation	Hypertension/stroke	Kidney/bladder	Psychiatric/mental	Migraines	Died from	Age now or when died
Yourself																			
Mother																			
Father																			
Maternal grandmother																			
Maternal grandfather																			
Paternal grandmother																			
Paternal grandfather																			

Check family diseases and list only blood relative affected in space provided, using abbreviations below*.

☐ alcoholism	☐ cancer	☐ encephalitis	☐ gonorrhea	☐ malaria
☐ Parkinson's	☐ polio	☐ syphilis	☐ tuberculosis	☐ other:

***Abbreviations:** **P**: paternal **M**: maternal **G**: grand **F:** father **M**: mother **A**: aunt **U**: uncle **GG**:great grand i.e.: **PGF**: paternal grandfather

PRENATAL and BIRTH HISTORY: Check all applicable during mother's pregnancy with you.

☐ alcoholism ☐ hypertension ☐ albumin in urine ☐ kidney infection ☐ German measles ☐ high-risk pregnancy ☐ Tobacco use

How many packs a day? ____ Mother had: ☐ chlamydia ☐ gonorrhea ☐ trichomonas ☐ syphillis ☐ alcohol daily ☐ meds: ☐ Rx ☐ OTC

☐ crack/cocaine ☐ marijuana ☐ street drugs ☐ uppers ☐ downers ☐ antibiotics ☐ aspirin ☐ other ☐ hormones

☐ cord around neck ☐ eclampsia ☐ toxemia ☐ premature ☐ breech ☐ C-Section ☐ posterior ☐ face-up ☐ forceps ☐ fetal distress

☐ multiple birth # babies ____ ☐ difficult delivery birth weight: ____ lbs. ____ oz. ☐ Rh problem ☐ blood exchange ☐ resuscitated @ birth

☐ vacuum/suctior ☐ other birth difficulties: _____ # Sonograms: ____ ☐ near miscarriage

☐ incubator ☐ weeks or ☐ months # children mother delivered before you? # siblings who died at or shortly after birth?